

NATUROPATHIC DERMATOLOGY

Office & Health Boutique:

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Visit us on-line to learn
more about our Services
and Specialty Products:
NaturopathicDermatology.com



NATUROPATHIC DERMATOLOGY



Dr. Christa Lamothe, N.D.

SPECIALIZING IN NATURAL, NON-INVASIVE SKIN CARE

Phone: (425) 361-1795

www.NaturopathicDermatology.com

WHAT WE DO

We holistically address skin concerns and general health as it relates to your skin by offering:

Medical Consultation with Dr. Christa Lamothe, founder of Naturopathic Dermatology and its therapeutic skin care line. Dr. Lamothe has extensive experience in managing simple to complex skin conditions and their related disorders and imbalances in women, men and children.

Skin Care Consultation – session to address general skin care and healthy appearance of skin through natural, non-invasive options.

Refreshing Facial Treatments – revitalize, decongest, soften fine lines and infuse with hydration.

Procedure Appointments – removal of broken facial capillaries, “sun spots”, small skin tags and seborrheic keratoses.

Naturopathic Dermatology Skin Care Products and Supplements – browse and shop our internet shop and at our Edmonds location featuring the highest quality, professional grade skin & personal care and supplements.

MEDICAL CONSULTATION

Dr. Lamothe provides comprehensive medical consultation for women, men and children. This appointment is appropriate for those seeking an in-depth analysis including a thorough health intake, examination, diagnosis and treatment of medical skin conditions and related health concerns and support such as hormonal imbalance, digestive and immune health and diet and lifestyle therapy. Phone consultations are available for those who cannot visit our office.

First Office Visit (60 min.): \$240
Return Office Visit (30 min.): \$120
Extended Return Office Visit (up to 60 min.): \$180

(We do not contract with or bill health insurance plans. Patient may self-submit to insurance plan.)

SKIN CARE CONSULTATION

Learn how to topically care for and achieve healthy looking skin in a natural, non-invasive way. This visit is appropriate for those wishing to address general, topical skin care and rejuvenation and does not address underlying medical conditions or health problems.

30 minutes: \$120

NOTE: For those wishing to comprehensively address their skin and related health concerns, please book a Medical Consultation.

REFRESHING FACIAL TREATMENTS

Dr. Lamothe will examine your facial skin and customize a treatment for you. First time clients receive a complimentary trial size kit of recommended skin care products to compliment your facial treatment. Notice a difference after one treatment. For maximum benefits, weekly treatments recommended for one month and monthly maintenance treatments thereafter.
30 minutes: \$70 per treatment (\$252 for a series of four).

1. **Revitalizing Enzyme Treatment** - Decongest, smooth texture, brighten and revitalize skin. Appropriate for skin affected by acne, uneven skin tone, enlarged pores, fine lines and oil imbalance (both dry and oily skin).
2. **Antioxidant Treatment** - Vitamin C rich and ultra-hydrating. Offers a warming sensation as it works to encourage collagen production, fight free radicals, exfoliate, soften fine lines and deeply moisturize your skin.
3. **Calming Treatment** – Soothing, healing, anti-inflammatory treatment for rosacea-prone skin.
4. **Niacinamide Rush** – Multi-benefit, warming treatment for hyperpigmentation, superficial scarring. Enlivens dull,

sallow skin; enhances ceramide-production for environmental protection and hydration properties.

ADD-ON Lip & Eye Treatment – Nourishing, protective, rejuvenating!
\$30

NOTE: Each Facial Treatment session lasts 30 minutes and does not address internal treatment of skin problems or underlying conditions. One may experience warming, tingling and mild stinging while certain treatments are administered. Dr. Lamothe has taken care to design natural, rejuvenating treatments that are effective but do not cause down time with significant peeling. We recommend booking a session when you will not apply make-up or wash your face for the remainder of the day so the therapy may continue to work throughout the night. Appropriate for most skin types but those with highly sensitive, reactive skin or with a condition such as eczema, other types of dermatitis and infectious conditions should avoid until skin has healed.

PROCEDURES

A Procedure Appointment is solely for the removal of certain skin lesions and growths. Prior to making a procedure appointment, the lesion must first be examined during a Medical or Skin Care Consultation with Dr. Lamothe so that:

1. The lesion can be examined to see if removal is appropriate or perhaps other treatment or a referral.
2. The doctor will discuss types of removal options.
3. The doctor will discuss preparation for the procedure appointment.

After the Initial Consultation, a Procedure Appointment may be scheduled. The session lasts 45-60 minutes and consists of one or two 20-minute actual procedure time increments depending upon the type and quantity of removals needed.
Procedure: \$95 - \$190

NOTE: Dr. Lamothe removes warts and small, cosmetic, benign lesions such as telangiectasia (superficial facial capillaries), “age spots” or “sun spots”, ruby points, seborrheic keratoses and skin tags. She does not perform incision removals that may be warranted for larger, deeper growths and does not treat or remove cancerous growths. Referrals are made for management of lesions and growths which Dr. Lamothe does not treat.

NATUROPATHIC DERMATOLOGY SKIN CARE, SUPPLEMENTS AND COLOR COSMETICS

We take the guesswork out of finding the right supplements, skin and personal care products for your needs. Each product we carry is chosen by Dr.

Lamothe based upon her clinical experience in dermatology and general health care with regard to safety, quality and effectiveness. With a background in the nutraceutical field, pharmaceutical compounding and formulating natural skin care, Dr. Lamothe pays special attention to finding the most therapeutic and safe products among the plethora of what is now available in the natural health field. Rather than offering many, random, questionable products for the same concern, we have selected and tested the best formulations, eliminating confusion and assuring the highest quality available. In addition to skin care and supplements, we are pleased to carry DeVita Color Cosmetics, a completely natural, vegan and gentle line of make-up. We have two DeVita tester stations and expert assistance to help you choose skin care, supplements and color cosmetics for your specific needs. For those who cannot visit our office and boutique or simply wish to order products and have shipped, please visit our internet shop, e-mail or call for assistance.

GIFT CERTIFICATES now available on-line and at Edmonds location!

